

# Jared Scoville, DPT, PT, CSCS, FMSC

29 Hamlin St Plainville, CT 06062

Phone (860) 414-1257 Email: [jaredscoville@gmail.com](mailto:jaredscoville@gmail.com)

## Education

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### **Doctorate of Physical Therapy**

*University of Hartford, Hartford, CT*

May 2020

- ❑ Trained with UHart's Division 1 Women's Volleyball team as part of a 2 year biomechanics analysis and vertical jump training study

### **Bachelor of Science, Kinesiology**

*Gordon College, Wenham, MA*

May 2012

- ❑ Collaborated with the physical therapy clinic on campus for 2 years- including participation in Parkinson's disease wellness classes, infrared camera arthritis study, and capstone nutrition/exercise presentation

## Clinical Experience

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### **Access Physical Therapy & Wellness**

South Windsor/Rocky Hill, CT

*Physical Therapist- Outpatient Orthopedic clinic*

July 6, 2020- present

- ❑ Treat 40-65 patients/week, including workers compensation, work conditioning, young athletes, older adults, and broad spectrum of post-surgical patients
- ❑ Persistently perform evidence based treatments with each patient- emphasizing advanced manual techniques and precision with movement science/patterns
- ❑ Aide the development and growth of two newer clinics, including participation in training of patient coordinators, new therapists, and hosting a student PT

### **Concentra Urgent Care Physical Therapy**

New Britain, CT

*Student Physical Therapist- Outpatient Industrial Orthopedics*

Spring 2020- 12 weeks

- ❑ Developed proficient skill with manual therapy techniques for highly acute injuries under the guidance of two Manual Therapy Institute Fellows
- ❑ Demonstrated high level of empathy and intentional POC design with a diverse patient population in both their injury presentation and cultural background

### **FOCUS Physical Therapy**

Newington, CT

*Student Physical Therapist- Outpatient Orthopedics*

Winter 2019/20- 10 weeks

- ❑ Contributed to marketing of this privately owned clinic via providing outstanding customer service and follow-up with patients

- ❑ Received high praise for my attention to detail and expertise in exercise design, coaching, and integration of manual techniques with progressive exercise routines
- ❑ Presented an innovative, personally researched capstone project on kinesiotaping

**The Pines at Bristol Center for Nursing and Rehabilitation**

Bristol, CT

*Student Physical Therapist- Sub-acute Nursing Facility*

Summer 2018- 10 weeks

- ❑ Quickly assimilated to working with the older adult population at the facility and implemented effective, functional treatment sessions
- ❑ Managed a full caseload of high complexity, sub-acute patients

**Additional Work Experience**

**Exercise Physiologist & Outdoor Adventure Guide**

Feb 2017-current

Plainville Senior Center, Plainville CT

- ❑ Design and implement innovative in-person and virtual fitness classes & programs
- ❑ Lead outdoor adventure trips, including hiking and kayaking with elderly population

**Gym Manager & Exercise Physiologist**

Feb 2013-June 2017

Good Life Fitness Centers: at Jerome Home & Cedar Mountain Commons, New Britain & Newington, CT

- ❑ Managed, designed, and coached individually-targeted strength and conditioning programs for a consistent clientele of 70 older adult residents with a wide range of conditions: including dementia, ALS, COPD, & Parkinson's disease

**Certifications**

*Certified Strength and Conditioning Specialist- NSCA (2015)*

*Certified Personal Trainer- ACSM (2012)*

*Functional Movement Screen Certified Level 1- FMS (2015)*

**Community Activities**

*Community Vegetable Garden Consultant- Naugatuck, Farmington*

Summer 2018-present

*Men's Ministry Leader- Hillside Community Church*

December 2018- Feb 2019

*Food pantry volunteer- Hillside Community Church*

all 2014-Summer 2017